



ROYAL OAK
APPLEBY



Starters

CAMEMBERT SERVED WITH CONFIT GARLIC & TOASTED CIABATTA (GFO) £12.50

SOUP OF THE DAY SERVED WITH BREADS (GFO) (V) £5.50

HAM HOCK TERRINE SERVED WITH A CHUTNEY AND BREADS (GFO) £7.50

SALT & PEPPER SQUID ON A BED OF SALAD £7.50

TRIO OF, FALAFEL BITES, OLIVES AND BREADS (GFO) (VE) £7.50

BLACK PUDDING STACK
WITH BACON AND PEPPERCORN SAUCE £8

SEASONED WHITEBAIT SERVED WITH GARLIC MAYO £8

Mains

BEEF AND ALE PIE
WITH MASH OR THICK CUT CHIPS, SERVED WITH A RICH GRAVY & SEASONAL VEG £17

CUMBERLAND SAUSAGE AND MASH
TOPPED WITH A RICH GRAVY, RED ONION MARMALADE & SEASONAL VEG £14

ALE BATTERED HADDOCK
SERVED WITH THICK CUT CHIPS, GARDEN OR SEASONED MUSHY PEAS (GFO) £15

SPICY ITALIAN MEATBALLS
ON A BED OF SPAGHETTI SERVED WITH GARLIC BREAD £15

PAN FRIED SALMON
IN A LEMON BUTTER SAUCE, SEASONAL VEG & CRUSHED POTATOES (GF) £16

BAKED HADDOCK
SERVED WITH BROWN BUTTER & WHITE WINE SAUCE OR RICH TOMATO SAUCE WITH
SEASONAL VEG & CRUSHED POTATOES. (GF) £15.50

CURRY OF THE DAY
SERVED WITH JASMINE RICE AND NAAN BREAD (GFO) (VE)
WITH VEG £13 WITH CHICKEN £15

FIVE BEAN CHILLI
SERVED WITH JASMINE RICE AND NAAN (GFO) (VE) £13

PLEASE ADVISE STAFF OF ANY ALLERGIES WHEN PLACING YOUR ORDER. NUTS ARE USED IN OUR KITCHEN. SO ALL
DISHERS MAY CONTAIN TRACES. ALLERGEN INFORMATION IS AVAILABLE ON REQUEST.
GF= GLUTEN FREE GFO = GLUTEN FREE OPTION V = VEGETARIAN VE = VEGAN

Grill & Burgers

10OZ SIRLOIN STEAK,
ROASTED SEASONED FIELD MUSHROOM
WITH SUNBLUSHED OREGANO TOMATO, COOKED IN ROSEMARY & THYME OIL,
SALAD & THICK CUT CHIPS (GF) £28

8OZ FILLET STEAK,
ROASTED SEASONED FIELD MUSHROOM
WITH SUNBLUSHED OREGANO TOMATO, COOKED IN ROSEMARY & THYME OIL,
SALAD & THICK CUT CHIPS (GF) £32

12OZ GAMMON STEAK
FRIED EGG, PINEAPPLE
WITH SALAD & THICK CUT CHIPS (GF) £16

PIRI PIRI CHICKEN KEBAB
ON A GARLIC NAAN, PIRI MAYO
WITH SALAD & FRIES (GFO) £16.50

SOUTHERN-FRIED CHICKEN BURGER
WITH IN-HOUSE MAYO,
TOMATO, LETTUCE & FRIES £14.50 +BACON £1

LAKELAND CHEESE BURGER,
WITH IN-HOUSE MAYO,
TOMATO, LETTUCE & FRIES (GFO) £15.50 +BACON £1

ROASTED HALLOUMI BURGER
WITH A CHILLI AND TOMATO JAM,
TOMATO, LETTUCE, ROASTED RED PEPPER & FRIES (GFO) (V) £13

Sides & Sauces

SKINNY FRIES (GF) £3.50
CHEESY FRIES (GF) £4

THICK CUT CHIPS (GF)
£3.50

HALLOUMI FRIES (GFO)
£7

BREAD & BUTTER (GFO)
£1.50

GARLIC BREAD £4
CHEESY GARLIC BREAD £5

SEASONAL VEG £4

SIDE SALAD £4

ONION RINGS £5

APPLEBY CREAMERY
BLUE CHEESE SAUCE £4

PEPPERCORN SAUCE
£3.50

GARLIC & HERB BUTTER
£2

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