



ROYAL OAK
— APPLEYBY —



SUNDAY MENU

STARTERS

Soup of the Day £6

Olives, oils and sourdough bread (V) £6

Cumin spiced halloumi fries served with a zesty mint yoghurt. £6.50

Chicken liver parfait served with Lakes onion marmalade and toasted sourdough. £7.50

Crispy Duck Salad, fresh apple & sesame £8.50

Chilli, garlic & lime prawns. £8.50

Vegetable Spring rolls served with a sweet chilli dip. £6.50



PLEASE ADVISE STAFF OF ANY ALLERGIES WHEN PLACING YOUR ORDER. NUTS ARE USED IN OUR KITCHEN. ALLERGEN INFORMATION IS AVAILABLE ON REQUEST.

MAINS

ROAST OF THE DAY £15

Served with home-made gravy, seasonal vegetables, roast potatoes, mashed potato and a Yorkshire pudding. Your choice of the following meats:

- DOWDINGS ROAST BEEF
- VICTORIAN LAMB ROAST
- GOATS CHEESE & APRICOT NUT ROAST. (v)

HOME-MADE BEEF & ALE PIE £16.50

Seasonal veg, home-made gravy and thick cut chips or mash.

FISH AND CHIPS £14.95

Ale battered haddock with thick cut chips and mushy peas.
(Gluten free on request)

ASIAN PORK STIR FRY £14

Pork marinated in fresh ginger, chilli, Asian spices and served with a medley of veg and fragrant jasmine rice.

FLAMING NACHO BURGER £11.50

Jalapeno, sweetcorn, red pepper & mozzarella patty in a tortilla & chilli crumb with thick cut chips and salad.
Add sliced cheese (V) £1

HALLOUMI SALAD £14

Mixed leaves, peppers, tomato, cucumber, topped with halloumi,, pumpkin and sunflower seeds.



SIDES

TRUFFLE FRIES £5.50

SEASONAL VEG £4

SLAW £4

GARLIC BREAD £4

BREAD & BUTTER £1.50

THICK CUT CHIPS £3.50

ONION RINGS £5

KIDS

SPAGHETTI BOLOGNAISE £6.50

CHICKEN GOUJONS & FRIES £6.50

FISH & FRIES £6.50

SAUSAGE, MASH, GRAVY £6.50

KIDS ROAST £7.50

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