



Tel: 017683 51463

www.royaloakappleby.co.uk

If you have any food allergies please highlight these to the person taking your food order.

House Wine

½ Litre Carafe Red / White / Rosé £7.95

Appetisers

Sweet Semi Dried Italian Cherry Tomatoes £1.95

in Oil with Garlic & Oregano

Pitted Green & Black Olives £1.95

marinated in Oil

Pitted Olives £1.95

with Feta Cheese

Starters

Homemade Fishcakes £4.80 / £9.50

served with a warm Sweet & Sour Sauce

Cheese & Garlic Dough Balls (v) £2.55

with Garlic Mayo

Home Breaded Mushrooms (v) £4.55 / £8.95

With a choice of dips

Garlic Mayo, Sweet & Sour and/or Sweet Chilli

Homemade Chicken Liver Pate £4.80 / £9.50

& Cumberland Sauce served with Toast

Grilled Goats Cheese £4.80 / £9.50

drizzled with Honey & Thyme

Prawn St Jacques £5.55 / £11.00

Prawns, Mushrooms, Onions & Garlic

cooked in Cream topped with Melted Cheese

Brie wrapped in Filo Pastry (v) £4.80 / £9.50

and drizzled with Redcurrant Coulis

Homemade Soup of the Day £3.95

with Wholemeal Bread - see blackboard for details

Sandwiches

served in White or Brown Bread or Baguette

Cheese & Tomato (v) £4.95

Smoked Chicken Salad £5.40

Tuna Mayonnaise £4.95

Cumberland Ham & Mozzarella Melt £5.40

Brie, Bacon & Mixed Peppers £5.45

Tuna & Cheese Melt £5.75

Cajun Chicken & Grilled Mixed Peppers £5.95

Ewbank's Hot Roast Beef & Red Onion Gravy £5.95

Combo £7.75

any sandwich from above with a bowl of Homemade Soup

Main Course

Served with either Homemade Chips or Potatoes and Salad or Vegetables (unless specified on menu).

Beer Battered Fish & Chips £9.85

with Mushy Peas

Chicken Breast stuffed with Ewbank's £10.85

Cumberland Sausage & wrapped in Bacon

on a Dijon Cream

The Oak's Steak & Ale Pie £9.85

using Ewbank's Hand Diced Beef & Local Ale

Lasagne Al Forno £8.95

homemade with Minced Beef Steak

A Trio of Sausages £8.60

an assortment of Ewbank's and Local

Cumberland Sausage

Curry of the Day with Rice & Nann Bread £8.95

see blackboard for details

Whitby Wholetail Scampi, Chips & Peas £8.95

10oz Cumberland Gammon Steak £9.95

with a Free Range Egg and/or Pineapple

Casserole of the Day see blackboard for details £8.95

Ploughman's with Local Cheeses £7.95

Cranston's Cumberland Ham Salad £8.75

Mixed Bean Chilli & Rice (v) £7.95

Spinach & Ricotta Cannelloni (v) £8.95

with Stir Fried Vegetables & Cheddar Cream

Steaks

Ewbank's 12oz Rib Eye Steak £15.00

Ewbank's 10oz Sirloin Steak £15.00

Ewbank's 8oz Fillet Steak £16.00

All of our steaks are served with Mushrooms & Tomatoes

Extras

Sauces for Steak £2.50

Stilton, Peppercorn, Creamy Garlic or Diane

Homemade Onion Rings £2.50

Garlic Bread £2.75

Garlic Bread with Cheese £3.25

Homemade Chips £2.25

For our Younger Guests

Lasagne Al Forno £5.95

with Chips

5oz Cumberland Gammon Steak £5.95

with Chips & Free Range Egg

Ewbank's Sausage £3.95

with Chips & Beans

Homemade Haddock Goujons £3.95

with Chips & Beans or Peas

Steak & Mushroom Pie £6.50

with Potatoes & Vegetables

Homemade Chicken Goujons £3.95

with Chips & Heinz Beans or Peas

Ewbank's 5oz Sirloin £7.50

with Chips