



Daily Specials

If you have any food allergies please highlight these to the person taking your food order.

Appetisers

Sweet Semi Dried Italian Cherry Tomatoes in Oil with Garlic & Oregano	£1.95
Pitted Green & Black Olives marinated in Oil	£1.95
Pitted Olives with Feta Cheese	£1.95
Cheese & Garlic Dough Balls (v) with Garlic Mayo	£2.50

Starters

Homemade Fishcakes served with a warm Sweet & Sour Sauce	£5.95 / £10.95
Homemade Haddock Goujons served with Tartar Sauce on Mixed Salad	£5.50 / £11.25
Smoked Chicken Breast & Bacon Salad on a bed of Mixed Leaf and drizzled with Balsamic Vinegar	£5.95 / £12.50
Home Breaded Mushrooms (v) With a choice of dips Garlic Mayo, Sweet & Sour and/or Sweet Chilli	£5.50 / £11.95
Homemade Chicken Liver Pate & Cumberland Sauce served with Toast	£5.75 / £12.25
Bacon & Black Pudding Stack on a Wholegrain Mustard Jus	£5.95 / £12.25
Grilled Goats Cheese drizzled with Honey & Thyme	£4.95 / £10.75
Prawn St Jacques Prawns, Mushrooms, Onions & Garlic cooked in Cream topped with Melted Cheese	£5.95 / £12.25
Brie wrapped in Filo Pastry (v) and drizzled with Redcurrant Coulis	£5.25 / £11.95
Homemade Soup of the Day with Wholemeal Bread - see blackboard for details	£4.75

We have 3 starters and
4 Main Course specials
on each day including
1 Vegetarian.

Main Course

All served with Homemade chips or potatoes and salad or vegetables

Lasagne Al Forno	£10.75
homemade with Ewbank's Minced Beef	
Grilled Fillet of Salmon	£13.95
with a Chilli & Lime Butter	
Sautéed Calf Liver & Bacon	£12.75
on an Onion & Thyme Gravy	
Curry of the Day	£9.95
served with Rice & Nann Bread - see blackboard for details	
Pork Valentine	£12.95
on a bed of Apples in Sticky Maple Syrup	
Chicken Breast stuffed with Ewbank's Cumberland Sausage and wrapped in Bacon	£13.50
on a Dijon Cream	
Rack of Lamb	£17.75
with a Garlic, Rosemary & Redcurrant Gravy	
10oz Cumberland Gammon Steak	£11.95
with a Free Range Egg and/or Pineapple	
The Oak's Steak & Ale Pie	£10.95
using Ewbank's Hand Diced Beef & Local Ale	
Casserole of the Day	£10.50
Homemade - see blackboard for details	
Mixed Bean Chilli (v)	£9.95
wrapped in a Tortilla and topped with a Cheese Sauce	
Spinach & Ricotta Cannelloni (v)	£10.25
with Stir Fried Vegetables & Cheddar Cream	
Ewbank's 12oz Rib Eye Steak	£17.00
Ewbank's 10oz Sirloin Steak	£18.00
Ewbank's 8oz Fillet Steak	£19.50

All of our steaks are served with Mushrooms & Tomatoes

How do you like you steak cooked

Rare – the middle of the steak is mostly red

Medium – the very centre is pink

Well done – the steak is brown throughout

Extras

Sauces for Steak	£2.50
Stilton, Peppercorn, Creamy Garlic or Diane	



Tel: 017683 51463

www.royaloakappleby.co.uk

Homemade Onion Rings	£2.50
Garlic Bread	£2.75
Garlic Bread with Cheese	£3.25
Homemade Chips	£2.25

For Our Younger Guests

Lasagne Al Forno with Chips	£6.95
Homemade Haddock Goujons served with Chips & Beans or Peas	£5.95
5oz Cumberland Gammon Steak with Chips & Free Range Egg	£7.50
Ewbank's Sausage with Chips & Beans	£5.95
Steak & Mushroom Pie with Potatoes & Vegetables	£6.95
Homemade Chicken Goujons with Chips & Heinz Beans or Peas	£5.95
Ewbank's 5oz Sirloin with Chips	£8.95

Sweets

Sticky Toffee Pudding	£4.50
Bread & Butter Pudding	£4.50
Trio of Snee's Ice Cream	£3.95

Please ask your waitress/waiter for our full
selection of sweets

Please turn over for Coffees, Teas & Speciality Coffees

Teas/Coffees

Fresh Ground Coffee

Pot for 1 £2.25

Cappuccino £2.10

Latte £2.10

Espresso

Single £1.75

Double £2.25

Tea

Pot for 1 £1.95

Earl Grey Tea £2.10

Speciality Coffees

Calypto Tia Maria £3.95

Scotch Malt of the Month £4.50

Highland Drambuie £3.95

French Martell Brandy £3.95

Italian Amaretto £3.95

Seville Cointreau £3.95

Irish Jamesons Whisky £3.95

Irish Cream Baileys £3.95